



## **European Association for Integrative psychotherapy EAIP**

### **Regulation of Integrative Psychotherapy Supervision**

#### **- supervision standards -**

#### **1. Introduction**

1.1. The document covers the regulation of standards for integrative psychotherapy supervision:

1.1.1. criteria for supervisors and

1.1.2. standards and procedures for accreditation of supervision training programmes.

#### **2. Definition of the supervision profession**

2.1. Supervision is understood as a process conducted within a formal working relationship in which a qualified or trainee Psychotherapeutic Practitioner presents client work or professional practice issues to a designated supervisor, as an on-going process of developing effective practice. The purpose is to ensure safe and competent practice and continuous professional learning and development through regular meetings. Experienced Psychotherapeutic Practitioners many choose to use peer supervision to meet this purpose.

#### **3. Criteria for supervisors**

*Supervisors must fulfil the following criteria:*

3.1. Be EAIP members and holders of the EAIP certificate for psychotherapy.

3.2. Normally have at least three years post qualifying experience as a psychotherapist.

3.3. Normally have at least 5 years of work with clients as a psychotherapeutic practitioner or the equivalent of approximately 1,600 hours, this means an average of 8 clients per week over 5 years.

3.4. Have completed a training programme in psychotherapy supervision which includes:

3.4.1. minimally 80 hours of teaching on psychotherapy supervision.

3.4.2. minimally 30 hours of supervision of supervision (supervision of supervision of actual supervisees that the trainee sees in her/his own practice).

3.4.3. minimally 50 hours of clinical supervision with supervisees.

3.4.4. final assessment including a written case study with tape/ video transcript.

3.4.5. specific requirements of individual training programme.



3.5. Senior supervisors, practicing before the introduction of this policy may apply through the grand-parenting procedure.

#### **4. Accreditation of Supervision Training Programme**

4.1. EAIP accredits Supervision Training Programmes.

4.2. EAIP has a Committee for Accreditation of Supervision Training Programmes. The committee consists of at least three members, who are established supervisors and members of EAIP.

4.3. Institutes should send their application to the EAIP committee for accreditation of supervision training programmes.

4.4. The committee will check applications against the following criteria:

4.4.1. Written Outline of the supervision training course.

4.4.2. Written outline should be published and be available to all interested parties.

4.4.3. Written outline should include:

4.4.3.1. Selection criteria.

4.4.3.2. Appeals.

4.4.3.3. Codes of Ethics for trainers, supervisors, supervisor trainees.

4.4.3.4. Diversity and Equality Procedures, including addressing these issues in the curriculum.

4.4.3.5. Safeguarding procedures.

4.4.3.6. Fees and payment structure.

4.4.3.7. A curriculum and learning outcomes.

4.4.3.8. Written and practical course requirements.

4.4.3.9. Assessment procedures and assessment appeals procedure. Ensure that assessment activities are clearly defined and balanced between the assessment of theory and practice.

4.4.3.10. Staff/trainers names, relevant qualifications and relevant professional memberships.

4.4.4. The supervision training course should:

4.4.4.1. Include both theoretical teaching and supervised supervision or experiential or live supervision.

4.4.4.2. Provide a minimum of 80 hours teaching relating to an integrative approach to supervision.

4.4.4.3. Satisfy EAIP policies on Diversity, Equality and Social Responsibility.

4.4.4.4. Ensure minimally 30 hours supervision of supervision in individual or group setting.

4.4.5. Trainers and Supervisors of Supervision are experienced supervisors with EAIP accreditation and with at least 5 years' experience as integrative psychotherapy supervisors.

4.4.6. At least two trainers are involved in the supervisor training programme.

4.4.7. The Institute is an accredited member of EAIP.



4.4.8. The course should contain specific elements where the course is intended to cover the supervision of work with children.

4.5. EAIP will publish on its website a list of accredited Supervision Training programmes.

## **5. Supervision Certificate**

5.1. Therapists who have successfully passed an EAIP accredited programme can apply for a certificate as an EAIP accredited supervisor. They must also be holders of the EAIP certificate for psychotherapy.

5.2. EAIP will publish on its website a list of accredited supervisors for Integrative psychotherapy.

## **6. Grand-parenting procedure**

6.1. Senior supervisors, who have been practicing as supervisors before the acceptance of this policy may apply through a grand-parenting procedure. They should normally:

6.1.1. Be EAIP Registrants with a minimum of eight years' experience post-registration.

6.1.2. Have a minimum of five years' experience of post-registration work as a supervisor, having given a minimum of 50 hours of formal psychotherapeutic supervision either to individuals or groups.

6.1.3. Prove supervisory competences, through published works, relevant studies, workshops, conferences, PhD thesis etc.

## **7. Continuing education and checking of supervisor's competencies**

7.1. Supervisors are committed to continued education and to enhancing their practice through ongoing training and development. Senior supervisors should evidence their ability to combine theory and practice through publications (articles in journals and/or books), lectures, demonstrations or workshops at conferences.

7.2. Senior supervisors should fulfil the following requirements every five years:

7.2.1. Regular professional development: at least 100 hours of education.

7.2.2. Coordinate at least two workshops or lectures or have a publication.

## **8. Re-accreditation**

8.1. EAIP supervisors should apply for reaccreditation every five years, demonstrating their commitment to the above.

## **9. Application for supervisor**

9.1. Applications for a supervisor's certificate should be addressed to the office of EAIP. The fee for accreditation and *reaccreditation* is € 50.



## 10. References

Hewitt Evans, J., & Žvelc, M. *Supervision training course: content and requirements*. European Centre for Psychotherapeutic Studies EUROPCS; Institute for Integrative Psychotherapy and Counselling, Ljubljana IPISA.

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UKCP Supervision Standards of Education and Training (2018). Retrieved from <https://www.psychotherapy.org.uk/wp-content/uploads/2019/01/UKCP-Supervision-Standards-of-Education-and-Training-2018.pdf>

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